

**13<sup>th</sup> NEXIA AUDIREVI Lake Maggiore 21K/10K - Sunday APR 19<sup>th</sup> 2020**  
**EVENT RULES - RACE INFORMATION**

**ART 1. ORGANIZING COMMITTEE**

Sport PRO-MOTION A.S.D. organize the 13<sup>th</sup> NEXIA AUDIREVI Lake Maggiore 21K/10K held on Sunday APR 19<sup>th</sup> 2020.

Organizing Committee (further OC): Sport PRO-MOTION A.S.D.  
 Via Maurizio Muller, 37 - 28921 Verbania Intra (VB), Italy - Tel +39.0323.919.861  
 LMHM@pro-motion.it - www.LMHM.it

**ART 2. REGISTRATION OFFICE**

Registration managed by SDAM – Sport Data Management S.r.l.; enquires about registration:

E-mail: LMHM@sdam.it  
 Call Center: 895.6060.668

**ART 3. RULES ACCEPTANCE - RESPONSIBILITY DECLARATION**

By registering the participant declare to provide correct and true information/data and to discharge the OC for any responsibility, both civil and criminal liability, caused by participating at the race. The OC can modify the event rules at any time to ensure safety for participants and public; variation will be published on www.LMHM.it. To register at races part of the event and be covered by insurance, all participants will be automatically affiliated to promotional sport club only for SUN APR 19<sup>th</sup> 2020. Every participant hereby declare: "To accept an fully acknowledge the regulations of the event, to be at least 18 years old, be aware that participating at Lake Maggiore 21K/10K and/or sport events in general is a potential risk activity if the person is not well trained and in good physical condition. To be conscious that all participants must hold a sport agonistic medical certificate valid on race date, to enter the race consciously and assuming full responsibility for all risks arising from participation as falls, contacts with vehicles, other participants, spectators or otherwise, any weather conditions including extreme heat, cold and/or humidity, traffic and road conditions and any type of risk known and evaluated by myself. By subscribing to the NEXIA AUDIREVI Lake Maggiore 21K/10K 2020, I declare to know and to oblige these rules and to entirely accept the following waiver of liability - being aware of this, considering the acceptance of my entry application, I, for myself only and not on behalf of anyone else, fully raise the Organizing Committee, Sport PRO-MOTION A.S.D., CSI, the promoters, the Council of Verbania/Stresa/Baveno, the Provincial Administration of Verbano Cusio Ossola, the Region Piedmont, all sponsors, the representatives, successors, officers, directors, members, agents and employees of the companies mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event."

**ART 4. PRIVACY POLICY – IMAGE RIGHTS**

Participation in the Event determines the processing of the participants' personal data for the purposes and modes described in the Privacy Policy. By registering for the Event, the participant confirms to have read the Organizer's Privacy Policy published on www.LMHM.it

**ART 5. ELIGIBILITY**

**Every participant must be 18 yrs old on APR 19<sup>th</sup> 2020.**

The Non competitive distances are for who want to run with tourist-sporting goals in a not agonistic race. In order to register you must read and sign the Lago Maggiore Half Marathon liability waiver form.

INTEGRATIVE DOCUMENTATION REQUIRED (ATTENTION! Take all the documentation also at the BIB Number Pick Up):

-Copy of the Agonistic Liability Waiver. Template available on www.LMHM.it

**ART 6. EVENT PROGRAMME**

**Time variation can be possible due to organizational reasons.**

Races part of the NEXIA AUDIREVI Lake Maggiore 21K/10K are fast and ideal for good performances. Course certified entirely asphalted, 100% traffic free, without cobblestones and with signs at every KM mark.

21K	SUN 19.04.2020	09:05 am	START Verbania Pallanza (Olanda St.) - FINISH Stresa
10K	SUN 19.04.2020	09:50 am	START Verbania Fondotoce (Area Piano Grande, front building Province VCO) - FINISH Stresa

**ART 7. REGISTRATION FEES**

**Registration with missing data, payment receipt will NOT be accepted.**

SLOT	21K	10K
Fino al 31.12.2019	€ 25,00	€ 15,00
01.01.2020 - 29.02.2020	€ 30,00	
01.03.2020 - 16.04.2020	€ 35,00	€ 20,00
SPORT EXPO (17-18.04.2020)	€ 40,00	€ 25,00

**ART 8. REGISTRATION FEE INCLUDES**

Personalized BIB number	CHIP Rental	Official Gadget	FINISHer's Medal	Technical Briefing
Deposit Bag	Showers /WC	Medical Assistance	Heated Changing Rooms	Course Presentation
Race Certificate	Insurance	Deposit/Transport Deposit Bag	Ferry Boats/Shuttle Bus	Refreshment/Sponge Points
Timing by CHIP Technology	Restaurants/Bars Special Prices			

**ART 9. REGISTRATION OPTION****ON-LINE****By APR 16<sup>th</sup> 2020**

Directly on [www.LMHM.it](http://www.LMHM.it) with easy, fast and secure system.  
 Registration and payment by credit card or PAYPAL (commission applied).

**E-MAIL****By APR 12<sup>th</sup> 2020**Send by e-mail to [LMHM@sdam.it](mailto:LMHM@sdam.it):

1. Registration Form fulfilled/undersigned
2. Payment Receipt: Bank Transfer to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Baveno (VB), Italy  
 IBAN: IT 65 U030 6945 1611 0000 0000 774 – Codice SWIFT/BIC: BCITITMMXXX – (participants must cover commission fees).  
 On payment orders please specify name of registered athletes and selected race (exp. Paul Bright/Half Marathon)

**SPORT EXPO****APR 17<sup>th</sup>/18<sup>th</sup> 2020 - only cash payments**

In person at the Sport Expo providing:

1. Registration Form fulfilled/undersigned

**ART 10. REGISTRATION DEADLINE**

Registration ONLINE will close on APR 16<sup>th</sup> 2020. After this date, it will be possible to register only at the Sport Expo on APR 17<sup>th</sup>-18<sup>th</sup> 2020.  
 Registration will close anyhow at 2.500 participants or by a decision of the OC.

**ART 11. ENTRY FEE REFUND - DISTANCE CHANGE - CANCELLATION POLICY****There will not be possibility to ask refunds or change selected distance.**

Athletes who cannot participate has the option "Transfer Registration Fee" to LMHM 2021 (same distance LMHM 2020).  
 Requests to be sent via e-mail ([LMHM@pro-motion.it](mailto:LMHM@pro-motion.it)) by MAR 29<sup>th</sup> 2020 attaching a payment receipt of € 10,00 commission fee.

Bank Transfer to: Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Baveno (VB), Italy  
 IBAN: IT 65 U030 6945 1611 0000 0000 774 – Code SWIFT/BIC: BCITITMMXXX – (participants must cover commission fees).

Applicants must register again for LMHM 2021 by 30 days prior the event sending the entry form and all required documents.

In case of cancellation due to major force events, the OC will not reimburse the entry fees but will evaluate the transfer to the next edition.

**ART 12. SPORT EXPO - RACE KIT - DELEGATION**

BIB number and race KIT pick-up:

Sport Expo NEXIA AUDIREVI Lake Maggiore 21K/10K - Event Centre "Il Maggiore" - S. Bernardino St. 49 - 28922 Verbania Pallanza (VB) - Italy

Opening Hours:      FRI      17.04.2020      3.00pm - 7.00pm  
                               SAT      18.04.2020      10.00am - 7.00pm  
                               SUN      19.04.2020      7.00am - 8.30am

It will be possible to delegate a third person to pick-up BIB numbers only on APR 12<sup>th</sup>-13<sup>th</sup>, NOT on race day; the appointed person must provide:

- Confirmation Letter undersigned by delegating person + Delegation (attached to Confirmation Letter)
- ID copy (Passport or Identity Card) of delegating person.

**ART 13. CONFIRMATION OF REGISTRATION - CONFIRMATION LETTER**Registration STATUS to be checked on [www.LMHM.it](http://www.LMHM.it).

From APR 13<sup>th</sup> 2020, the "CONFIRMATION LETTER" has to be download at [www.LMHM.it](http://www.LMHM.it) by every participant, undersigned and presented at the Sport Expo to collect the BIB number. In some cases, the "CONFIRMATION LETTER" can be printed at the Sport Expo.

**ART 14. BIB NUMBER - CHIP - TIMING****A € 25,00 fee will be charged to participants not returning the CHIP; it is not possible to change the BIB number or request a new one in case of loss.**

BIB/CHIP are strictly personal with no possibility to transfer it to a third person. It is responsibility of every participant to endorse BIB/CHIP and it is forbidden to modify BIB numbers. Anyone running without BIB/CHIP, or modified BIB number will be disqualified and persecuted by sport and law authorities. Rankings will be made considering official gun time using CHIP sensors detecting the "Real Time" for each participant completing the race. Intermediate time will be recorded at KM 10; participants not detected by timing points or other points along the course, supervised by official referees, will be automatically disqualified.

**ART 15. START SECTORS**

Following starting sectors will be available and will be possible to access with check-in based on assigned BIB numbers at following times:

**21K:** from 08.00am      **10K:** from 08.45am

RACE	SECTOR	BIB SERIE
21K	F	7001 - 14000
10K	E	24001 - 28000

**ART 16. PARKING**

SUN 19.04.2020 following parking will be available, free of charge for participants, by placing on car window the bottom part of the Confirmation Letter with the sign "P".

We remind all participants that on SUN 19.04.2020 a Shuttle BUS service (see point 17) will connect the Sport Expo (Verbania Pallanza) to the START of 10 KM race (Area Piano Grande, front building Province VCO).

**VERBANIA**

Lakeside Verbania Intra  
 Crossing Zara St. /Nazioni Unite St.  
 F.lli Bandiera Square  
 Market Euronics - Rhodiatoc St.  
 Alle Fabbriche Square - S. Anna suburb  
 Mameli St.  
 Villa Taranto - Vittorio Veneto St.  
 Hospital "Castelli" Crocetta St. - Fiume St. - Dei Cappuccini St.  
 High School "Cavalieri" - Madonna di Campagna St.

Aldo Moro Square  
 Riverside S. Bernardino St. - Brigata Valgrande Martire St.  
 Parking Supermarket Esselunga – Rhodiatoc St.  
 Wharf Verbania Intra – Flaim Square  
 Riverside S. Giovanni - Cesare Battisti St.  
 Azari St. - (also CAMPER AREA)  
 Cemetery Area - Madonna di Campagna St.  
 Supermarket LIDL - Nazioni Unite St.  
 Supermarket Esselunga - Giuseppe Azari St.

## STRESA

Villa Pallavicino  
Train Station  
Trentinaglia St. (also CAMPER PARKING)  
Capucci Square  
Grand Hotel Des Iles Borromees  
Antonio Fogazzaro St. - Cemetery (BUS PARKING)

Villa La Palazzola  
Gilberto Borromeo St. (also CAMPER PARKING)  
Multilevel Parking - Europa Square  
S. Ambrogio Square  
Hotel Regina Palace

## ART 17. PANORAMIC FERRY BOATS

**The OC does not guarantee the capacity for single runs but only for all participants; final timetable confirmed prior to the event.**

Sunday APR 19<sup>th</sup> 2020 participants can use this service free of charge by showing the BIB number or their "Confirmation Letter".

For non-running travel mates, following fares will be applied on boats connecting **Stresa ←→ Verbania Intra**:

Single ticket € 5 (single run)  
Open ticket € 10 (unlimited travel)  
Under 6 yrs. Free of charge

Tickets available outside wharfs at dedicated LMHM desks.

Timetable Panoramic Ferry Boats connecting **Stresa (FINISH Area) → Verbania Intra (START Half Marathon - Sport Expo)**:

Stresa (Departure)	Verbania Intra (Arrival)
07:10	07:35 <b>ATTENTION!! UNIQUE RUN TO COLLECT BIB ON RACE DAY</b>
11:00	11:25
12:15	12:40

Timetable Panoramic Ferry Boats connecting **Verbania Intra (START Half Marathon - Sport Expo) → Stresa (FINISH Area)**

Verbania Intra (Departure)	Stresa (Arrival)
09:20	09:45
11:35	12:00

**NOTE:** Public transport from Navigazione Lago Maggiore also operating (info/costs: [www.navigazioneelaghi.it](http://www.navigazioneelaghi.it))

## ART 18. TRANSPORT SHUTTLE BUS - SPORT EXPO → VERBANIA FONDOTOCE (START 10 KM)

**Unique departure Shuttle BUS: 08.00am**

Sunday APR 19<sup>th</sup> 2020 participants of 10K race can use, free of charge showing their BIB, the Shuttle BUS service connecting the Sport Expo to the START Area of 10K race (Area Piano Grande, front building Province VCO).

## ART 19. TIME LIMIT - TRAFFIC REOPENING

At queue of the 21K race, there will be a vehicle with a sign "RACE END"; participants wishing to complete the race also if out of time limit, should take off their BIB number and proceed as normal pedestrians respecting the Italian Road Code at their own responsibility.

Race Time Limit: 21K - 3h00' 10K - 1h30'

The OC will not guarantee the road closure after the following times when traffic will re-open:

Time limit last runner and traffic reopening at:

5° Km	0h45' – traffic reopen at 09.45am	10° Km	1h30' – traffic reopen at 10.30am
15° Km	2h15' – traffic reopen at 11.15pm	20° km	2h50' – traffic reopen at 11.50pm
FINISH	3h00' – traffic reopen at 12.00		

## ART 20. REFRESHMENT/SPONGE POINTS

Every participant will receive one sponge to be carried for the entire race; this choice is to reduce at maximum the impact on the environment.

There will be Refreshment Points, with indication of their placement (R=right or L=left), at KM 6.2 (L/R) – KM 11.3 (L/R) – KM 16.2 (R) - FINISH. At Refreshment Points will be available food (fruit) and drinks (non-carbonated water, isotonic drink and hot tea).

There will be also Sponge Points, with fresh water in basins, at KM 7.2 (R) – 13 (R) – 18.2 (R).

These distances can be subject to variation due to organizational needs.

Participants are pleased to throw garbage near Refreshment/Sponge Points in order to facilitate cleaning procedures after the race.

## ART 21. SHOWERS - WC

Participants can use showers located inside the changing tents at the FINISH Area in Stresa.

WC will be available at START/FINISH Area of every race and at Refreshment Points along the course.

## ART 22. FIRST AID - WITHDRAWAL

Participants out of time limit overpassed by the "RACE END" vehicle must take off their BIB number and proceed as normal pedestrians following the Italian Road Code at their own responsibility.

Medical assistance and First Aid Stations will be available at the START/FINISH Area of every race with ambulances along the course and at the queue of the race.

Athletes withdrawing should reach the nearest Refreshment/Sponge Point and wait for the first aid crew or the "RACE END" vehicle.

## ART 23. CHANGING ROOMS

Changing rooms not supervised; the OC denies any liability for any lost, damaged or stolen items.

START Area 21K (Verbania Pallanza): Changing Rooms facilities at the START Area (front VCO Public Transport Company)

START Area 10K (Verbania Fondotoce): Changing Rooms facilities at the START Area (Area Piano Grande, front building Province VCO)

FINISH Area (Stresa): Changing Rooms facilities at the FINISH Area (front navigation wharf)

## ART 24. BAG DEPOSIT – BAG TRANSPORT SERVICE

**The OC denies any liability for lost, damaged or stolen items; we recommend to not leaving any valuable items inside deposit bags. Only bags supplied by the OC are accepted!**

Along with BIB numbers, each participant will receive a deposit bag with an adhesive label (displaying BIB number) to be applied to the bag.

At the START Area of each race, trucks will be available where participants can leave their bags; bags to be re-collect at the FINISH Area in Stresa showing BIB numbers.

Compulsory Delivery START 21K: from **07.30am** to **08.45am**

Compulsory Delivery START 10K: from **08.00am** to **09.15am**

#### **ART 25. RESULTS AND RACE CERTIFICATE**

Official results and printable Race Certificate will be available, free of charge, on [www.LMHM.it](http://www.LMHM.it).

#### **ART 26. PRIZES - AWARD CEREMONY**

Among all participants will be drawn the following prize offered in co-operation with our Hospitality Partner:

- Voucher Free Twin Room at the GH Des Iles Borromees \*\*\*\*\*L in Stresa (night SAT 31/11/2020 – room + breakfast)
- Two Free Entry for races part of the SPORTWAY Lake Maggiore Marathon 01/11/2020

#### **ART 27. VEHICLE ALONG THE COURSE**

Complying with local government ordinance, vehicles (including bicycles) are not permitted on racecourse. Breaches of the ordinance will be pulled out and punished by law.

#### **ART 28. ACCOMMODATION**

On [www.LMHM.it](http://www.LMHM.it) are available accommodation packages for runners and travel mates presented by our Official Travel Agencies:

Verbano BOOKING

Tel +39.0323.922.917 - Fax +39.0323.922.303

[maratona@verbanoevents.com](mailto:maratona@verbanoevents.com) - [www.verbanobooking.it](http://www.verbanobooking.it)

#### **ART 29. OFFICIAL RESTAURANT/BAR**

Every participant will receive a map of Restaurants/Bars with special price "LMHM Menu" valid on Sunday APR 14<sup>th</sup> 2019.

Special price proposed to participants, showing their BIB number, are:

€ 12,00 Menu Restaurant – includes main or second course, dessert, drink and coffee.

€ 8,00 Menu Bar – includes sandwich, dessert, drink and coffee.

#### **ART 30. PHOTO**

Every participant can download, free of charge, pictures of the race on [www.LMHM.it](http://www.LMHM.it) or [www.ENDU.net](http://www.ENDU.net).

#### **ART 31. HOW TO REACH US**

CAR: Highway A 8 connection to A 26 Voltri/Sempione direction Gravellona Toce/Sempione with Exit:

VERBANIA to reach START Area Half Marathon and SPORT EXPO

GRAVELLONA TOCE to reach START Area 10 KM

BAVENO/STRESA to reach Finish Area Half Marathon and 10 KM

Useful Link: [www.autostrade.it](http://www.autostrade.it)

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TRAIN: Direct connection from Milan, Turin, Geneva and Zurich. Train stops at Stresa or Verbania.

Useful Link: [www.fsitaliane.it](http://www.fsitaliane.it)

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PLANE: Malpensa International Airport at about 60 Km

Useful Link: [www.sea-aeroportoimilano.it](http://www.sea-aeroportoimilano.it)

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FERRY BOATS: Ferry services departing from the Piedmont, Lombardy and Swiss sides of Lake Maggiore

Useful Link: [www.navigazionealaghi.it](http://www.navigazionealaghi.it)

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#### **ART 32. LOCAL TRANSPORTATION**

Links to the main local transportation companies serving also airports:

[www.vcotrasporti.it](http://www.vcotrasporti.it) (also connection to Bergamo Orio Al Serio airport)

[www.comazzibus.com](http://www.comazzibus.com) (also connection to Milan Malpensa airport)

[www.safduemila.com](http://www.safduemila.com) (also connection to Milan Malpensa airport)

Enjoy your race!

Sport PRO-MOTION A.S.D.